

AFIGYA KWABRE NORTH DISTRICT ASSEMBLY HEALTH DEPARTMENT

In case of reply, the number and date of this letter should be quoted



**P.O. Box 3,
Boamang – Ashanti**

Our Ref. No.:

Yours Ref. No.:.....

Date: 12th January, 2022

PUBLICATION ON LIST OF NUTRITION-ORIENTED INTERVENTIONS LINKED TO HEALTH INSTITUTIONS AND SCHOOL FEEDING PROGRAMME MENU APPROVED BY GHANA HEALTH SERVICE FOR NUTRITIONAL SERVICES IN THE DISTRICT

From the above-mentioned list, the General Public and Citizens of Afigya Kwabre North District are hereby encouraged to be concern with their health status by reporting and regularly visiting these health institutions for medical review of their nutritional status to avert any unfortunate misfortunes. This is in line with the 2030 Sustainable Development Goal 2: End hunger, achieve food security and improved nutrition and promote sustainable agriculture in the world by 2030.

Additionally, if possible, take keen interest in the School Feeding Programme (SFP) by monitoring on weekly basis to ensure the SFP Contractors adhere strictly to the Nutritional Menu Table for the effective growth of school children in the District.

For more enquires, kindly call on **0502 811 082**. These lists include;

A. Ghana Health Service (GHS) Nutrition-Oriented Interventions

Interventions	Target Group	Contact point	Aim
1. Iron and folic acid supplementation	• Pregnant women	• Antenatal contacts	• Reduce anaemia
2. Essential Nutrition Actions (ENA) integrated maternal and child care*	• Pregnant women, children 0–59 months, and their mothers	• All health contacts	• Comprehensive and co-ordinated care for young children and their mothers/caregivers
3. Baby-Friendly Hospital Initiative	• Postpartum women	• Selected hospitals nationwide	• Promote infant feeding and maternal health
4. Growth monitoring and promotion	• Children under 5 years	• Monthly health facility/outreach contacts	• Track child growth and provide appropriate care and support
5. National Child	• Postpartum	• Twice yearly	• Promote child health and

Health Days Campaign	women and children 6–59 months	events	nutrition
Interventions	Target Group	Contact point	Aim
6. High dose vitamin A supplementation	<ul style="list-style-type: none"> • Postpartum women and children 6–59 months 	<ul style="list-style-type: none"> • Expanded Programme of Immunisation (EPI) and National Child Health Days 	<ul style="list-style-type: none"> • Improve vitamin A status of women and children
7. Flour and vegetable oil fortification	<ul style="list-style-type: none"> • General population 	<ul style="list-style-type: none"> • Sales points 	<ul style="list-style-type: none"> • Increase intake of micronutrients
8. Universal salt iodisation	<ul style="list-style-type: none"> • General population 	<ul style="list-style-type: none"> • Sales points 	<ul style="list-style-type: none"> • Increase intake of iodine
9. Nutritional care/support for people living with HIV/AIDS (PLHIV) and/or tuberculosis (TB) clients	<ul style="list-style-type: none"> • PLHIV and/or TB clients in selected anti-retroviral therapy (ART) centres 	<ul style="list-style-type: none"> • Scheduled hospital visits 	<ul style="list-style-type: none"> • Increase access to counselling, food, and support
10. Nutrition and malaria control for child survival†	<ul style="list-style-type: none"> • Pregnant women, mothers of children 0–59 months 	<ul style="list-style-type: none"> • All health contacts in selected districts (community-based) 	<ul style="list-style-type: none"> • Increase uptake of nutrition and malaria control services
11. Community-Based Management of Acute Malnutrition (CMAM)	<ul style="list-style-type: none"> • Children under 5 years with severe acute malnutrition 	<ul style="list-style-type: none"> • Health facility/outreach visits 	<ul style="list-style-type: none"> • Treat and prevent severe acute malnutrition
12. Supplementary Feeding and Nutrition Education Programme (SF&NEP)	<ul style="list-style-type: none"> • Pregnant and lactating women, children under 5 years with moderate malnutrition in food insecure parts of the country 	<ul style="list-style-type: none"> • Community-based in the three northern regions 	<ul style="list-style-type: none"> • Treat/prevent moderate malnutrition in food insecure parts of the country
13. Promotion of regenerative health and nutrition	<ul style="list-style-type: none"> • General population 	<ul style="list-style-type: none"> • Television, radio messaging, other contacts 	<ul style="list-style-type: none"> • Prevent diet-related diseases, promote good health/nutrition
14. Nutrition behaviour change communication	<ul style="list-style-type: none"> • General population, with emphasis on pregnant and lactating mothers and children 0–59 	<ul style="list-style-type: none"> • Television and radio messaging, health facility/outreach contact 	<ul style="list-style-type: none"> • Improve nutrition

	months		
15. School feeding programme	<ul style="list-style-type: none"> Primary school children in selected schools nationwide 	<ul style="list-style-type: none"> School facilities 	<ul style="list-style-type: none"> Improve nutrition and school attendance

Source: Ghana Health Service, National Nutrition Policy For Ghana, 2013–2017, page 20

B. Menu Table for Ghana School Feeding Programme

School Days	Food Type
Monday	<ul style="list-style-type: none"> Rice, Tomatoes Stew and Sausage
Tuesday	<ul style="list-style-type: none"> Gari Eba, Light Soup and Chicken
Wednesday	<ul style="list-style-type: none"> Ga Kenkey, Hot Pepper and Fried Fish
Thursday	<ul style="list-style-type: none"> Kwakye, Tomatoes Stew and Sausage
Friday	<ul style="list-style-type: none"> Banku, Light Soup and Fried Fish

Source: Ghana School Feeding Programme, 2022

C. List of Approved Health Facilities in the District for Nutritional Services

Community	Facility Type	Service Rendered
1. Nkwantakese	Health Centre	Nutritional Service and Others
2. Ahenkro	Health Centre	Nutritional Service and Others
3. Kwamang	Health Centre	Nutritional Service and Others
4. Boamang	Health Centre	Nutritional Service and Others
5. Tetrem	Health Centre	Nutritional Service and Others
6. Kyekyewere	Health Centre	Nutritional Service and Others
7. Amponsahkrom	CHPS Compound	Nutritional Service and Others
8. Nsuotem	CHPS Compound	Nutritional Service and Others
9. Denase	Health Centre (Private)	Nutritional Service and Others

Source: AKNDA-GHS, 2022

D. List of Public Schools on the School Feeding Programme in the District

S/N	Name of School	Contractors	Pupils		Total
1	Amoako D/A Primary	1	311	247	558
2	Nkwantakese Methodist Primary	1	292	230	406
3	Akom D/A Primary	1	277	281	558
4	Kyekyewere D/A Primary	1	267	239	506
5	Kyekyewere Methodist Primary	1	235	171	406
6	Kyekyewere R/C Primary	1	342	342	684
7	Ahenkro D/A Primary	1	255	226	481

8	Ahenkro Methodist Primary	1	223	220	443
9	Kwamang D/A Primary	1	148	164	312
10	Kwamang Methodist Primary	1	126	161	287
11	Boamang R/C Primary	1	284	246	530
12	Tetrem D/A Primary A	1	124	103	227
13	Tetrem D/A Primary B	1	117	119	236
14	Tetrem Methodist Primary	1	209	202	411
15	Kwamang SDA Primary	1	243	218	461
16	Boamang D/A Primary	1	133	109	242
17	Boamang-Maase D/A Primary	1	253	225	478
18	Adukro D/A Primary	1	205	178	383
	Total	18	4,044	3,681	7,609

Thank you.

RACHEL NYAMAH OBENG
DISTRICT HEALTH DIRECTOR

**THE DISTRICT CHIEF EXECUTIVE
AFIGYA KWABRE NORTH DISTRICT
BOAMANG**

**THE REGIONAL HEALTH DIRECTOR
REGIONAL CO-ORDINATING COUNCIL**

